District 4 Business Meeting Minutes – March 26, 2023

Met via Zoom from 1:30 - 3:00 PM

Attendees:

Non-Voting:

Lisa H DR, Amy-Alt DR, Renee R-Treasurer, Ann A – Archivist, Jack D - interested member

Voting:

Terri – Shallowford, Hank - Saturday Solutions, Laurel - Peace Haven, Carol Lyons -Young at Heart, Betsy – Patience, Jeremy - Help & Hope, Mary Beth - Hope/Advance Pattie – Summit, Susan - 12 Step, Blondie – Central, Maryann - Spiritual Awakening @ noon, Gretchen - Open Door

Lisa started the meeting with meditation and the Serenity Prayer.

Members read the 12 Concepts of Service and the 5 General Warranties of Conference.

Minutes of January 29, 2023 District Meeting – Motion to approve Minutes – Jeremy, seconded by Carol L. Motion approved.

Treasurer's Report 1st quarter of 2023 – Per the decision made in the January 2023 meeting, we donated to WSO \$320.22, Area \$100, and Convention \$320.22, which actually left \$20 in the 2022 \$.

We received donations of \$675.00. Balance \$1,730.30, Reserve \$1,065, Available Balance - \$665.30. Motion to approve Treasurer's Report - Jeremy, seconded by Hank. Motion approved.

Open Positions: We are in need of a District Secretary and Public Outreach Coordinator.

Reminder: We have scheduled Town Halls for the Consideration of Acceptance of Electronic Only meeting into the Area via Zoom on 4/4 and 4/29.

Update AFG's – Experience, Strength & Hope – Thursday PM – inactive. Live and Let Live (meets the same night as Alateen – Thursday 7:30 PM) is looking for support from other Al-Anon members as attendance for Live and Let Live is off quite a bit.

75% of our District AFG's have gone in person only. 20% in person with an electronic component and 10% electronic only. Please let Lisa know if any meetings change their location / date / time / electronic or not / inactive.

AIS Merge: Winston-Salem, and Greensboro AIS have merged – Carol L – chair of the Triad AIS Group. 15 members at the last meeting, voted to merge. Group will meet via

Zoom monthly 2. Thursday at 6:15 PM. At this time, we have both websites. We are working on a new Triad Al-Anon website and at some point will combine the two websites. We have a secretary and 2 treasurers. Each bank account has approximately \$1,000 available. What is the prudent reserve for Triad AIS? We don't know yet.

We are doing ongoing public outreach. Sept – National Recovery Month – Carol L made a challenge to every group to do 1 thing to increase the group's visibility, this could simply be providing clearer directions to the meeting room on the WSO and AIS websites.

Spiritual Awakening at Noon – Friday – Greensboro – Maryann reported that the group is in-person only. This group has electronic equipment that could be donated to another group (speaker, usb cable, extension cord, laptop platform on wheels, laptop for zoom). The Triad AIS and District 4 accept the electronic equipment.

Bullet Report from AWSC meeting 3/11/23 was sent with the materials for this meeting along with a Knowledge Based Decision Making Report. Does this group want to have a KBDM? 5 of 17 people were interested.

Trusted servants: Groups don't have trusted servants stepping up. Lisa and Amy are visiting lots of our meetings. Amy made a list of what she's hearing in the meetings.

Amy – District 6 has been doing mini service forums. Should we put some energy into putting more training or information out there? 7 out of 16 said yes.

Carol L. – Alateens are interested in having a picnic this summer. I am willing to mail or deliver the \$1 service manuals to anyone who wants to learn how to serve.

Pattie – Summit does a get-together every 5th Monday. We also made our meeting at 7 PM instead of 8 PM because of the age of members.

Lisa – Let's set up a Thought Force regarding having a socal gathering. Volunteers – Amy, Gretchen, Hank, Mary Beth, Pattie & Terri

AIS – AIS representatives should be the group's Alt GR, or another designee. AIS stopped having in-person meetings and couldn't get mail to the meetings that were using the AIS POB as the CMA.

Lisa closed the meeting with the Al-Anon Declaration.

Minutes transcribed by Sylvia M.